



## Life Transformation Groups (LTGs)

LTGs are simple. With a group of 2 or 3 people of the same gender, do 3 things:

### HEAR & OBEY (15 MINUTES)

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Each person shares what they have heard from God.

Come prepared to share a journal of what you learned in the 15-30 chapters of scripture you read the past week. Then share specifically how you can obey what you have learned from the bible in the coming week.

We commend to you the REAP reading plan, which you can find online here:

<http://austinstone.org/resources/bible-reading-plan>

You can also learn how to REAP at the end of this document.

### REPENT & BELIEVE (30 MINUTES)

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Each person spends time repenting of their sin and believing the gospel.

Share with one another how you have sinned against God this past week. The accountability questions below are a helpful tool and will give you some questions to consider. Be specific, and also share your heart motivations behind the sin.

After sin has been confessed, spend time speaking out loud to yourself and to one another the good news of Jesus' work for us. Hearing the gospel spoken out loud enables us to believe the gospel is good news for us!

### CONSIDER & PRAY FOR NON-BELIEVERS (15 MINUTES)

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Each person shares opportunities they have to share the gospel in the coming week.

Talk about how your relationship and spiritual conversations have gone with your non-believing friends. Share how you plan to weave this person into your community. Then pray for them by name for God to save them.

List some people you are praying for:


## HOW TO REAP

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Remember to pray as you open the Bible, asking God to show you the grace of Jesus.

**Read the passage.** Read it a few times, silently and out loud, with a pen in hand. Note thoughts that might be significant. Answer the question, “What do I see?”

**Examine the passage.** At this point, we will answer some questions about the meaning of the text. Work through this list of questions:

- × What does the text mean?
- × What do I like? Is there anything that I don’t like?
- × Is there anything I don’t understand?
- × What do I learn about God, people or myself from this passage?

**Apply the passage.** Answer the question, “No matter where I am spiritually, what would it look like for me to apply this week what we just read and talked about?” Write out your response to this question.

**Pray.** Ask that God would be glorified as we seek to apply the passage this week.

The goal of this kind of Bible study is primarily to grow in faith and obedience, not mere knowledge. Keep that in mind and be attentive each step of the REAP process.

## ACCOUNTABILITY QUESTIONS

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These questions are a starting point for your LTG. Develop your own over time!

- × How has your anger or fear or anxiety or addiction shown up this week? How does that reveal what you’re trusting in besides God?
- × How have you wasted time?
- × How have you felt yourself resisting obeying God this week: in your mission to the lost? In your sacrificial love for community?
- × In light of God’s love toward you, do you need to reconcile with somebody? Are you subconsciously holding a grudge?
- × How have you battled sexual or intimacy temptation and how are you preparing to deal with it next week?
- × How has the Holy Spirit been testing and growing you this week? Did you respond in faith or grumbling?
- × Is anything (school, work, technology, etc.) isolating you from important relationships?
- × \_\_\_\_\_ (Your personalized question)